

Inclusive Recreation Programs

Programs are listed by start date.

To register for a program, visit
www.chatham-kent.ca/recreationprograms

or scan the QR code using the camera on your smartphone.



Active Programs



Therapeutic Programs

Programs, special events and services for individuals age 10 and up of all abilities, designed to keep participants active and social.



Just Beat It!

Drumming with a twist! Drum on our exercise balls and listen to music.

Cost: \$51.00

📍 Dresden

Mar 21 Thurs 6:00pm 60 min 00055585



Zumba

Add fun to your exercise routine by dancing to upbeat music.

Cost: \$100.00

📍 Chatham

Apr 2 Tues 5:30pm 60 min 00055595



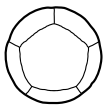
Zumba in the Park

Join us in the park for a fun-filled exercise dance routine.

Cost: \$50.00

📍 Chatham

May 28 Tues 6:00pm 60 min 00055597



Boccia Ball

Learn the basics of boccia ball. All skill levels are welcomed.

Cost: \$51.00

📍 Chatham

May 9 Thurs 2:00pm 60 min 00055594



Cookies and Canvas

Paint a one-of-a-kind masterpiece in a fun and judgment-free setting.

Cost: \$15.00

📍 Chatham

Apr 3 Wed 5:30pm 60 min 00055582



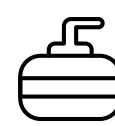
Take a Swing!

Join us at Erickson Arena having fun playing pickleball and badminton!

Cost: \$68.00

📍 Chatham

Apr 10 Wed 6:00pm 60 min 00055592



Clean Sweep!


Play indoor shuffleboard and curling in a friendly environment!

Cost: \$51.00

📍 Chatham

May 1 Wed 2:00pm 60 min 00055593

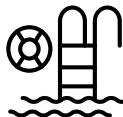
Inclusive Recreation Programs



Move to Your Own Beat
Experience the ultimate dance party with our silent disco program! Grab your headphones, choose your favourite tune, and dance the night away!

Cost: \$51.00 **Chatham**


Apr 8	Mon	6:00pm	60 min	00055596
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Aqua Games
Dive into the fun! Join us for water games and a refreshing swim!

Cost: \$34.00 **Wallaceburg**


Apr 5	Fri	4:30pm	60 min	00055586
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Mindful Mondays
Join us to relax and reflect while doing sensory activities.

Cost: \$51.00 **Chatham**

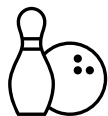
Mar 18	Mon	2:00pm	60 min	00055580
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Gifted Gardeners
Come out to the Glass House Nursery to work on your green thumb!

Cost: \$34.00 **Chatham**

Mar 20	Wed	2:00pm	60 min	00055581
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Bowling - 11 weeks
Come enjoy an afternoon of bowling with friends. All skill levels welcome!

Cost: \$88.00 **Chatham**

5/10 Pin Bowling

Mar 22	Fri	12:30pm	60 min	00055598
Mar 22	Fri	1:00pm	60 min	00055599

5 Pin Bowling

Mar 19	Tues	1:00pm	60 min	00055568
Mar 19	Tues	3:00pm	60 min	00055570
Mar 19	Tues	4:00pm	60 min	00055572
Mar 19	Tues	4:30pm	60 min	00055574
Mar 19	Tues	5:00pm	60 min	00055576

10 Pin Bowling

Mar 19	Tues	1:00pm	60 min	00055567
Mar 19	Tues	3:00pm	60 min	00055569
Mar 19	Tues	4:00pm	60 min	00055571
Mar 19	Tues	4:30pm	60 min	00055573
Mar 19	Tues	5:00pm	60 min	00055575
Mar 19	Tues	6:00pm	60 min	00055577



Check out our Inclusive March Break Camps!

These unique programs offer the opportunity to participate in various activities designed for anyone with a physical, intellectual or cognitive disability.

