



The MEHRIT Centre

and

CK Early Years Professional Development Committee

What is Self-Reg and Why is it so Important?

Thurs, Oct 17th, 2019

1:00pm – 4:30pm

**Chatham-Kent Children's Services
495 Grand Ave West.**

CKCS Cafeteria (Please park on right side of building and
follow sidewalk to rear building entrance)

**This workshop is intended for all professionals working
with children in early years settings.**

This is a free training opportunity for the Chatham-Kent community.
Need to cancel your registration? Please call: 1-866-720-7975.

Click to Register

or visit www.chatham-kent.ca



Presented by:

Lisa Cranston

Recent advances in developmental neuroscience are dramatically altering attitudes regarding the possibility of maximizing the educational potential of every child. Scientists now understand that the better children can self-regulate, the better they can rise to the challenge of mastering ever more complex skills and concepts.

But what exactly is self-regulation, how does it develop, why do some children struggle with it, and what can we as parents, caregivers and teachers do to enhance its development?

WWW.SELF-REG.CA