

COME JOIN US

**For a FEEDING YOUNG MINDS
WORKSHOP for ECEs and Cooks**

COST: **FREE**

Registration is limited to 100 attendees.
ALL registrants will receive a \$30 GROCERY STORE
GIFT CARD for participating

**To Register
1.866.720.7975**

WHEN: Thursday October 11th, 2018

Registration + Light-Dinner at 5:30pm,

Workshop will begin at 6:00pm

WHERE: Cultural Centre: Studio One

Training Includes:

- ◆ Taste testing and new recipe ideas
- ◆ Ways to engage children in food related activities and learning
- ◆ Learn about the paint the plate resource and the farm to childcare program
- ◆ Each childcare centre will receive a tool kit to support veggies and fruit at their site

